



Clinical Outreach Team (COT)



Reaching the Underserved

Foundation for Reproductive Health Services India (FRHS India) is an affiliate of MSI Reproductive Choices. We work towards increasing access to reproductive health services in hard-to-reach areas through mobile Clinical Outreach Teams (COTs), which is a fully staffed and equipped team of trained medical personnel providing family planning services at public sector sites.

We pioneered COTs in Alwar district of Rajasthan in 2011 and now cover almost 90 districts across the states of Bihar, Jharkhand, Madhya Pradesh, Rajasthan, and Uttar Pradesh. We currently operate 35 COTs, serving a population of 188.58 million.

In 2022, our COTs left no stone unturned in delivering safe abortion and family planning services. They travelled kilometres with clients to take them to the nearest clinics and kept in touch with them even after providing the services. Their persistence and client-centeredness have enabled us to deliver crucial family planning services in far-flung areas to those in need.

Services Offered

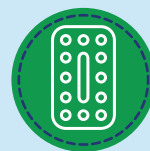
COTs offer a choice of family planning and reproductive health services that include:



Family Planning
Counselling (including
postpartum family
planning counselling)



Oral
Contraceptive Pills



Emergency
Contraceptive Pills



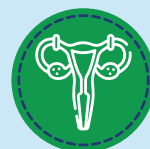
Condoms



Intrauterine Contraceptive
Device (IUCD) insertion
and removal



No-Scalpel Vasectomy
(NSV)

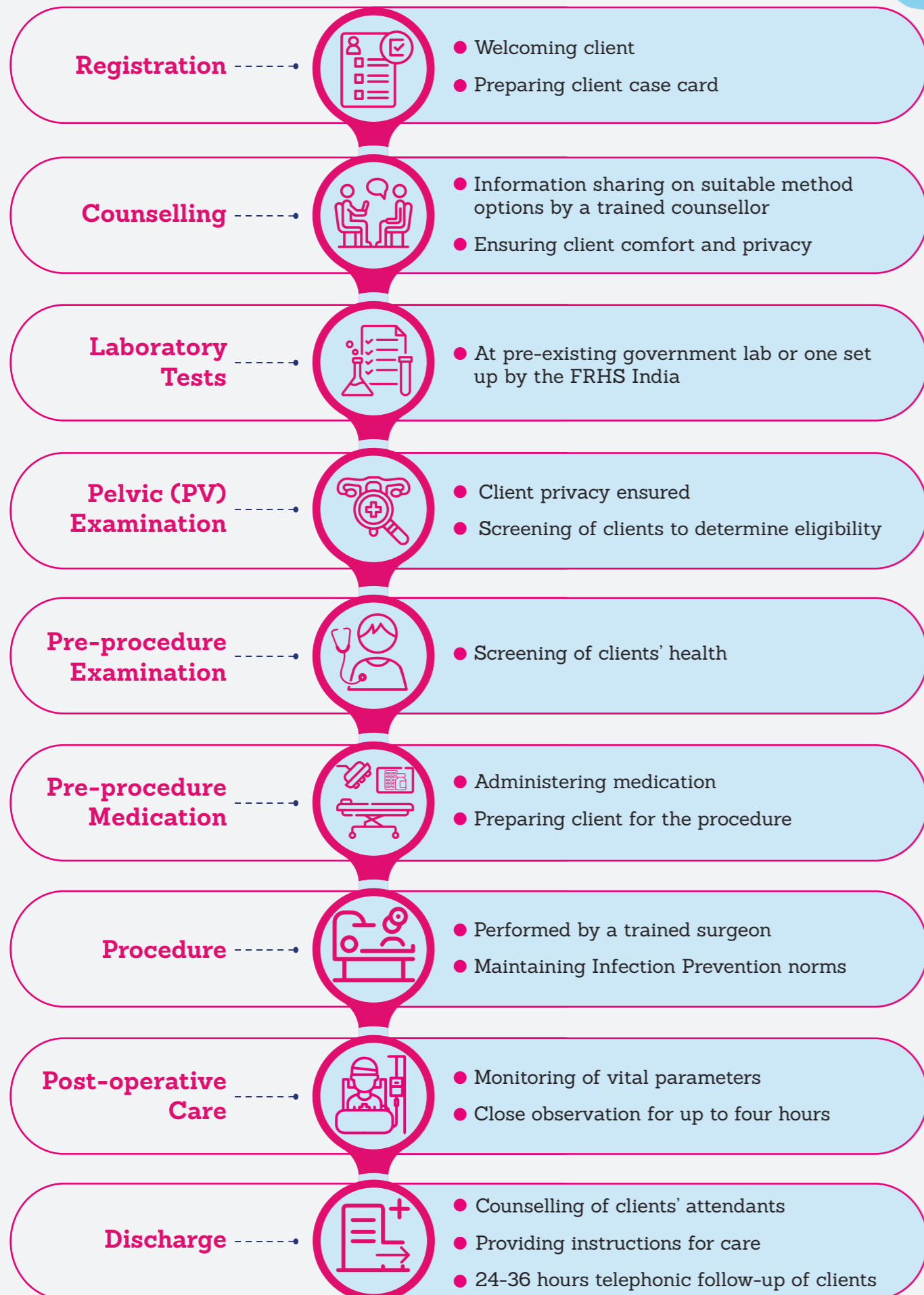


Tubal Ligation-
Laparoscopic or Mini
Lap



Post-procedure
follow-up

Nine Steps of Service Delivery



How Do COTs Work?

COTs are accredited by district health authorities under the Public Private Partnership (PPP) scheme of the National Health Mission. Based in the district headquarters, COTs travel to the public sector facilities identified in consultation with the district health authorities and ensure the delivery of high-quality family planning services on fixed days. Site staff and the community health workers such as Accredited Social Health Activists (ASHAs) and Auxiliary Nurse Midwives (ANMs) are informed about the finalised FDS sites. They then disseminate the information in communities and mobilise clients to avail of the services.

Quality of Care



Clinical Governance

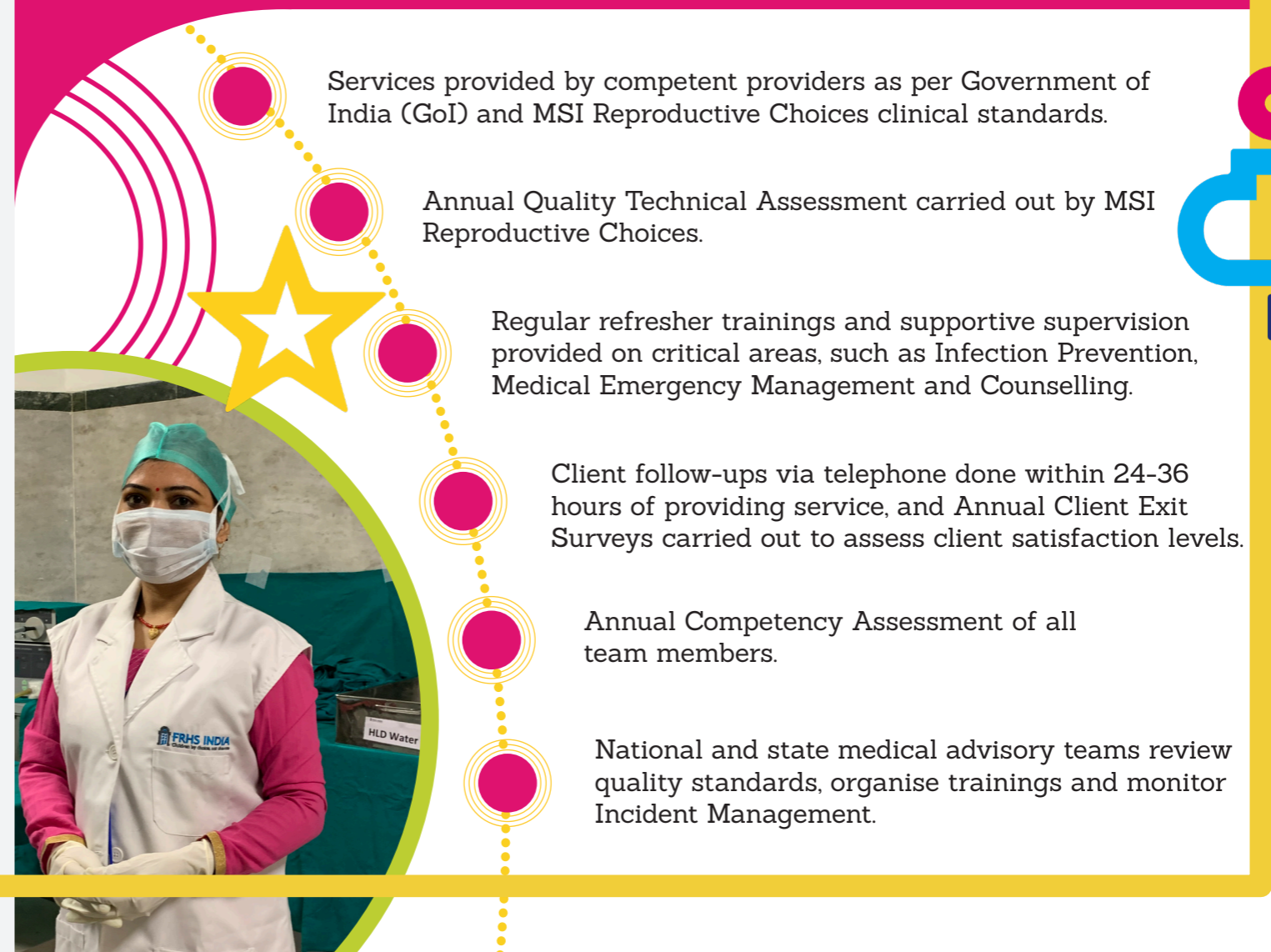
Client Comfort, Safety & Satisfaction



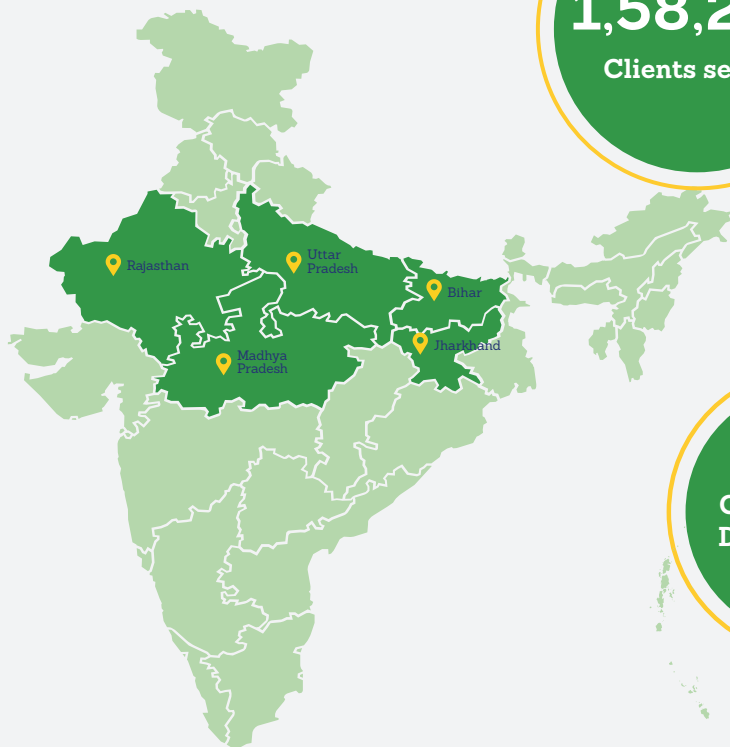
Technical Competence



Adherence to Professional Standards



Clients Served in 2022



1,58,206

Clients served

1,50,135

Tubal Ligation (TL) services provided

1,823

No-Scalpel Vasectomy (NSV) services provided

6,248

Intrauterine Contraceptive Device (IUCD) services provided

19,96,106

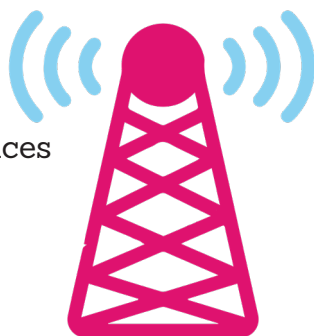
Couple Years of Protection (CYPs) generated

Coverage and Reach

35 Teams providing services

88+ Districts covered

1,300 Sites covered



Team Composition

The eight-ten member COT consists of:

- Surgeon
- Medical Officer
- Nurses
- Counsellor
- Operation Theatre Assistant
- Driver
- FDS Coordinator

Support Us

Our work enables women and men to choose when and how many children they want and to improve the quality of life for themselves and their families. Join us in creating a world where every child is wanted, and every woman is healthy.

Donate Now: <https://www.frhsi.org.in/donate/donate.php>

Our dedicated call centre is available Monday to Saturday, from 9.30 a.m. to 6 p.m.

For personalised support, counselling, and access to comprehensive sexual and reproductive health services, call us: **7590870908 (toll-free)**

For more details, please contact: info@frhsi.org.in

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